

Palliative Care: A Must in Cancer Treatment

What is Palliative Care?

Palliative care is a special type of medical support that helps improve the quality of life for people suffering from serious or long-term illnesses like cancer. It helps reduce physical pain, discomfort, emotional stress, and social problems. This care is given along with regular treatment and supports both the patient and their family by providing physical, mental, and emotional relief.



**Pain and
symptom
relief**



**Emotional and
spiritual support**



**Good nursing
care**



**reduce loneliness
and social
isolation.**

**It should be part of cancer treatment at all stages,
even when a cure is not possible.**

***Palliative care is not an option—it is a necessity.
It must be woven into the very fabric of cancer care.***